

Oshkosh Community YMCA's

# Dolphin Champion Meet

## Featuring

# Dave Denniston

NOVEMBER 20-22, 2009

APPROVAL # 2009

This year's honoree is Dave Denniston. Dave won an NCAA championship for Auburn in 1999 and was a member of the 2003 World Championship Team. In 2005 in a sledding accident Dave suffered a spinal cord injury that left him without the use of his legs. Since his accident Dave has gone on to make the US Paralympics Team for the Beijing Games. He is an exceptional speaker (my first inclination would be to call him a motivational speaker, but I think that it is more than that. He is more of a life-skills speaker, talking about how you meet and succeed in tackling the challenges in your life.)

Below is a link to a few clips of Dave's talks

<http://www.davedenniston.com/speeches.html>

In addition to the normal Champion activities (talks, races, autographs) Dave will be doing a breaststroke clinic on Saturday evening. More information about this will be available soon.

A few changes to this year's Champion Meet.

- 1) We have changed the events and order a bit including 50's for the older swimmers.
- 2) Awards will still be given in single age groups, but events will be contested in larger age groups
- 3) Heat sheets will be distributed by email and posted on our website
- 4) WE made the meet an invite - if you attended last year you are invited this year - we are trying to control our numbers a bit. If you are not going to attend let me know so that I can invite others off the waiting list.